



Grocery List

DAIRY

- ___ Eggs
- ___ Milk
- ___ Butter
- ___ Margarine
- ___ Sour Cream
- ___ Whipped Cream
- ___ Yogurt
- ___ Cottage Cheese
- ___ Cream Cheese
- ___ Parmesan Cheese
- ___ Other Cheese

MEAT, FISH & POULTRY

- ___ Bacon
- ___ Sausage
- ___ Deli Meat
- ___ Hot Dogs
- ___ Chicken
- ___ Turkey
- ___ Beef
- ___ Pork
- ___ Ham
- ___ Fish
- ___ Shellfish

FRUIT

- ___ Apples
- ___ Bananas
- ___ Berries
- ___ Grapefruit
- ___ Grapes
- ___ Lemons
- ___ Limes
- ___ Melon
- ___ Oranges
- ___ Pears

VEGETABLES

- ___ Broccoli
- ___ Cabbage
- ___ Carrots
- ___ Cauliflower

- ___ Celery
- ___ Cucumbers
- ___ Garlic
- ___ Lettuce
- ___ Mushrooms
- ___ Onions
- ___ Peppers
- ___ Potatoes
- ___ Radishes
- ___ Spinach
- ___ Tomatoes

BREADS

- ___ Bagels
- ___ Bread
- ___ Buns
- ___ Rolls
- ___ Tortillas

DRY GOODS

- ___ Cereal
- ___ Oatmeal
- ___ Cookies
- ___ Crackers
- ___ Pasta/Noodles
- ___ Beans/Lentils/Peas
- ___ Rice
- ___ Bread Crumbs
- ___ Flour
- ___ Sugar
- ___ Cake Mix
- ___ Pancake Mix
- ___ Gelatin
- ___ Potato Chips
- ___ Tortilla Chips

CANNED GOODS

- ___ Baby Food
- ___ Applesauce
- ___ Fruit
- ___ Chili
- ___ Mushrooms
- ___ Soup
- ___ Spaghetti Sauce
- ___ Stewed Tomatoes
- ___ Tomato Paste
- ___ Tomato Sauce
- ___ Tuna
- ___ Vegetable

FROZEN FOODS

- ___ Apple Juice
- ___ Orange Juice
- ___ Ice Cream
- ___ Potatoes
- ___ Vegetables
- ___ Frozen Dinners
- ___ Frozen Pizza
- ___ Frozen Waffles

BAKING GOODS

- ___ Baking Soda
- ___ Baking Powder
- ___ Corn Starch
- ___ Salt
- ___ Pepper
- ___ Chocolate Chips
- ___ Nuts
- ___ Raisins
- ___ Vanilla
- ___ Dried Herbs
- ___ Spices

CONDIMENTS

- ___ Oil
- ___ Vinegar
- ___ Ketchup
- ___ Mayonnaise
- ___ Mustard
- ___ Olives
- ___ Pickles
- ___ Relish
- ___ Salsa
- ___ Salad Dressing
- ___ Shortening
- ___ Soy Sauce
- ___ Honey
- ___ Jelly/Jam
- ___ Peanut Butter
- ___ Syrup

BEVERAGES

- ___ Cocoa
- ___ Coffee
- ___ Tea
- ___ Fruit Juice
- ___ Soft Drinks
- ___ Mineral Water
- ___ Beer
- ___ Wine

PAPER PRODUCTS

- ___ Facial Tissue
- ___ Toilet Tissue
- ___ Napkins
- ___ Paper Towels
- ___ Aluminum foil
- ___ Plastic Wrap
- ___ Lunch Bags
- ___ Sandwich Bags
- ___ Garbage Bags

LAUNDRY

- ___ Bleach
- ___ Detergent
- ___ Fabric Softener
- ___ Stain Remover

KITCHEN

- ___ All Purpose Cleaner
- ___ Dish Detergent
- ___ Dishwasher Soap
- ___ Floor Cleaner
- ___ Furniture Polish
- ___ Glass Cleaner
- ___ Steel Wool Pads

BATHROOM

- ___ Bath Soap
- ___ Deodorant
- ___ Lotion
- ___ Razors
- ___ Shaving Cream
- ___ Shampoo
- ___ Toothpaste

MISCELLANEOUS

- ___ Bandages
- ___ Batteries
- ___ Candles
- ___ Light Bulbs
- ___ Paper Plates
- ___ Pet Food
- ___ Stamps
- ___ Vitamins

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